Discussion Questions The Redemption of Space and Time (The Spotlight in Me) Ephesians 5:8-16

(In your mind, what is the ideal way to wake up and start your day?)

Think about the things in your life that you've created, made or accomplished that you feel most happy and fulfilled about.

- What was the process to get there? Was the process easy or hard, painful or not?
- What did you learn in the process?
- What is it like to think of God, as Creator of us, going through a similar process on our behalf?

In this sermon, Peter said, "In Scripture, the depths of the earth are empty of Light and Love; it's called *hades* or Hell, but one day, a great day, the earth will be filled and flooded with the glory of God and God is Light..."

• Does the idea of everything—even every part of you—being filled with the fullness of God scare you? Excite you? Maybe both? Explain.

Paul wrote: "He (Jesus, the Light of the world) descended into the depths of the earth...that he might fill all things." "At one time you were darkness but now you are light in the Lord." You were darkness, and Jesus already descended into the depths of the earth, and now you are light in the Lord!

- Since it's already been done, why do you think we still hide from Him?
- Have you ever wished you could go back and fix the past—redeem it—and make it right?
- If you could change anything in your own past, what would you change?

In this message we saw that God redeems *all* space and time. Everything is redeemed!

- Take a moment to image all your mistakes, every failure, all that you wish you could do . . . redeemed!
- What's it like to imagine that?
- Does anything in your heart or mind, in the way you relate to God others or yourself change? If so, what?

Often when we have parts of our life we don't like and realize we can't redeem them or fix them in our own power, we tell ourselves false stories—lies—as a means to cope. We start to dream our own dreams rather than dreaming God's dream.

- Can you think of any lies or false stories you've told yourself about yourself or others because of fear, shame, disappointments and/or your inability to redeem mistakes?
- Is there anything you are currently, personally hiding in the shadows from Him?
- Take a moment to confess and surrender those to the Lord.
- Invite the Holy Spirit to come and set you free from any untruths or habits that you have clung to and replace them with His truth. Thank Him that although you can't redeem the time, He can and He will!

^{*}These questions were created by Kimberly Weynen